

# *3rd Annual* **5K**



**Saturday, July 3**

**Techny Prairie Park and Fields  
1750 Techny Rd.  
Northbrook, IL**

## **Race Information**

- Race packets are available on July 2 from 12-8pm at:

**Village Green Center  
1810 Walters Avenue  
Northbrook, IL  
(847) 291-2980**

- 6:30-7am — Race Day Registration, July 3
- 7:30am — Start of 5K Run/Walk, July 3
- Discounted entry fees before June 25:  
Ages 13 and older: \$18 (\$25 after June 25)  
Ages 6-12: \$10 (\$15 after June 25)  
Age 5 and under: Free
- Dri-Fit T-shirt and goodie bag for preregistered participants
- Plaques for male and female winners, medals for division champs
- USA Track and Field Certified Course
- Registered participants receive a \$1 discount at the July 3rd Pancake Breakfast, 7-11am. Runners must present their race bib at the Pancake Breakfast registration table at Village Green.





# Liberty Loop Entry Form/Family Data Form

Primary Family Contact					
Race Participant	Last Name	First Name	MI	Birth Date MM/DD/YY	Gender
Y N				/ /	M F

Address			City		
State	Zip Code	Home Phone			
Work Phone			Cell Phone		
Emergency Phone		Email			

T-Shirt Sizes:      Youth Sizes: YXL      Adult Sizes: S M L XL

All Additional Family Members Residing at Above Address						
Race Participant	Last Name (if different from primary)	First Name	T-Shirt Size:	Current Grade	Birth Date MM/DD/YY	Gender
Y N					/ /	M F
Y N					/ /	M F
Y N					/ /	M F
Y N					/ /	M F

## Payment Information

Cardholder's Name: \_\_\_\_\_

Card Expiration Date: \_\_\_\_\_ Charge Amount: \$ \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

<input type="checkbox"/> Check	<input type="checkbox"/> Visa
<input type="checkbox"/> Cash	<input type="checkbox"/> MasterCard
\$ _____	<input type="checkbox"/> American Express
	<input type="checkbox"/> Discover

Credit Card Number: 

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**Reminder: Complete both sides of form.**

For Office Use Only	Res Verify <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>			Nonres <input type="checkbox"/>	Entered in Active <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>			_____ date	Mailed ID <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>		

- List every member of your household and indicate Y (Yes) or N (No) which members will participate in the race.
- Northbrook Park District Residents need to bring a photo ID and utility bill to confirm residency because we are updating our registration system. For this one-time update, the Park District requires proof of residency for all Park District residents. Copies of your ID and utility bill can be included with your race application. Questions? Call (847) 291-2980.

# Program Waiver and Release

## Important Information

The Northbrook Park District (herein collectively referred to as the "District") is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the District to guarantee absolute safety.

## Photo/Video Policy

The Northbrook Park District takes photos and video of participants in classes, during special events and in the parks. By signing the waiver, you are giving permission to the District to use these photos and video in District publications and on our website. All photos and video are the property of the District. Please call the Marketing and Communications Office at (847) 291-2960 for more information.

## Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the District including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature. PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date is not on this waiver. A signature is required for each participant 18 years or older and one signature for all minor children/dependants.

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Participant's Signature (18 years or older parent/guardian)

Date

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Participant's Signature (18 years or older parent/guardian)

Date

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